## AN IMPORTANT FUNCTION

tenance of good health is REGULARITY

and any disturbance of this

## function may be corrected by Stomach Bitters

## What to Do to Get Fat and Increase Weight

The Real Cause of Thinness

Most people cat from four to six pounds of good solid fat-making food in weight one ounce, while on the of the German playright, Sudermann, every day and still do not increase other hand many of the plump, entitled "Helmat" makes an excelchunky fours eat very lightly and lent foundation for an unusual phokeep gaining all the time. It's all toplay. In "Revelation," at the Cobosh to say that this is the nature of lonial today, the American Film the individual. It isn't Nature's way Company, Inc., has caught up the

their powers of assimilation are de- its high dramatic moments and made Most thin people stay thin because fective. They absorb just enough of of it a picture drama par excellence. the food they eat to maintain life and a semplance of health and strength lation from German into English, and Stuffing won't help them. A dozen J. Edward Hungerford, the well meals a day won't make them gain | newn short story and secnario a single "stay there" pound. All the writer has made it into scenario fat-producing elements of their food just stay there in the intestines until they pass from the body as waste. What such people need is something that will prepare these fatty food ele- Maude is the co-star as Herr von to terrorize ships bound on peacethem and deposit them all about the in the fiery role of Lieut. Col reproduced on the Triangle screen stone comedy, featuring Fred Sterbody-something too, that will mul- Schwartz. tiply their red blood corpuscles and

increase their blood's carrying power. For such a condition it is well to recommend eating a Sargol tablet

## PROTECT THEMSELVES AGAINST ILLNESS

Life Insurance Companies Report-Health Policies On The Increase.

few years ago, is increasing year after year has been pointed out as that Americans are finally coming to novelly staged story. A two-reel are made captives, among them beone of the most convincing proofs recognize the value of health, as well drama with Vivian Rich will also be ing Phillip. His life is spared as a

greater regard for the laws of health allies in Salonici. as a natural result of this awakened

One little straw which shows which way the wind blows is the report of Gruggists that the public is turning son's sensational story, "The Salafrom the dangerous harsh habit- mander," is the attraction at the forming laxatives back to old fashtoned castor oil, which physicians say is the only laxative that should be used in the home for either chil- magazines and was widely read and

lied form called Covington's CAS- The story relates to Dore Baxter, TOR-JELL, which is 94 per cent a little country girl, who goes to the

Chas, Coonley Co., Balph H. Kuss, ed her dead parents and stolen her Louis C. Kreidler, Public Drug Store, property. She meets a party of American Drug Store, G. A. senrica traveling players who take her to & Co., Applegate's Drug Store, Nich- New York with them. The owner of clas Schilling. The Castor Products the company falls in love with Dore Co., Cleveland, Ohio, -- Advt.

### HOW STAGE DANCERS

A pretty dancer whose face and fame are familiar to all theater-goers is con- plots revenge against him. From stantly asked the question: "How do you this moment Dore begins her secret ache if I do anything at all out of the ordinary, such as walking, "tanding, or dancing more than usual." And here is tive powers How She lures him to the little dancer's prescription: "I niwnys his downfall and thus is revenged, and always after working hard on the stage I bathe my feet in hot water in At the finish Sassoon is betrayed by which I dissolve two or three tablets of his confederate; Dore regains her this preparation. I never have trouble, as ; you with Wa-Ne-Ta. don't accept a worth company. ess substitute be may have an interest in recommending, but send 10 cents and we Thursday and Friday "The Avengwill mail you prepaid a sample package ing Conscience," a Griffith producof this wonderful foot relief. You can tion and featuring Henry B. Waltyour body bath. Leaves skin soft and hall, will be shown, and Saturday Co. South Bend. Ind Advt.

## FAIR EXCHANGE

A New Back for an Old One-How a South Bend Resident Made a Bad Back Strong.

The back aches at times with a dull, indescribable feeling, making you weary and restless; ptercin pains shoot across the region of the kidneys, and again the loins are se lame that to stoop is agony. No use to rub or amply a plaster to the back if the kidneys are weak. You cannot reach the cause. Follow the example of this South Bend citizen. Henry Entrios, captain No. 2 Hose Co., 866 N. Main st., South Bend. rays: "I can certainly recommend

Doan's Kidney Pills as I have used them and they have also been taken by others of the family with excellent results. At ilmes my kidney have become disordeded, due, I think to catching cold. My back has become lame and stiff and I have felt languid. At such times I use Doan's Kldney Pilis and am quickly re-

Price 50c, at all dealers. Don't simply ask for a kidney remedy-get Loan's Kidney Fills-the same that Mr. Entzion had. Foster-Milburn. Co., Props., Poffalo, N. V.

Eat Mrs. Mogle's home-made bread and cookies. Delivered. Call Home phone 235s -- Adva

## THEATERS

The Orpheum is presenting a wallcranged vaudeville bill featuring Homer Lind in "The Singing Teacher," Mr. Lind has formed an entirely new sketch around the former dea and introduces his splendid vocal selections as well as quiet German comedy. A dancing and athletic act is presented by two French girls. O'Neil and Walmsley, in eccentric comedy and harmony, are amusing. Sharp and Turek are a dancing couple in blackface. Marou sens the bill with shadowgraph

For the last half of the week a musical comedy tabloid, "Little Miss Mixup." will be presented.

AT THE COLONIAL.

The strong, highly dramatic story story, with its power, its tenseness,

Charles James has made the trans-

In the leading role is Constance ed the seas and the black flag and Clawley, the English actress. Arthur its skull and cross-bones were raised come the pioneer who had purments so that their blood can absorb Kellar, and William Carroll is seen

### AT THE LASALLE.

Robert Edeson is the featured day. with every meal. Sargol is not, as player at the LaSalle today in a some believe a patented drug, but is drama of domestic life entitled "For simply a careful combination of six a Woman's Fair Name." Mr. Ede- Cish, the golden haired heroine of of the most effective and powerful son has followed up a number of "The Birth of a Nation." It is a assimilative and flesh building elements known to chemistry. It is ab- dramatic successes on the speaking story of love and intrigue of the solutely harmless, yet has been won- stage with photodrama work of 17th century, when Louislana was ity Eldg,-Adv derfully effective and a single tablet equally high-class grade. The pres- a French colony. The action takes esten with each meal often, accord- ent story concerns a woman of irre- place in the green forest of France rect of increasing the weight of a ingly found in a compromising settlers in America, with some stirfive pounds a week. Sargol is sold by situation, owing to an automobile ring scenes on the sea. It is in these Wettick's Original Cut Rate Medi- accident. In the many thrilling dra- maritime situations that the Griffith cine Store and other good druggists matic scenes of the picture Mr. Ede- realism in portraying fighting is everywhere on a positive guarantee son has many opportunities for the shown. There is a pirate ship on of weight increase or money back - display of his dramatic talents and board of which is the hero, an inmagnetic strength. Eulalie Jensen voluntary member of the band. The gives an intense performance in the renegades sight a ship of France part of the wife. On the same pro- bound for the colony with many gram will be seen a Pathe scenic girls who are sold to the colonists picture concerning rustic Venice and for wives. Among them is Daphne an educational subject, "How Flow- LaTour, who owes her presence to ers Bloom," and the comic Bray car- Phillip de Mornay. In response to

On Wedneday Hazel Dawn, a and placed her in a house which player with an attractive personal- was later raided by the authorities ity, will be seen in a modern comedy and its inmates sent over the seas, drama entitled, "The Saleslady." The In a thrilling encounter the pirates story concerns a young girl's experi- lash their craft to the other vessel ences and struggles in a big depart- and appear to be the prospective The fact that health insurance-a ment store, later her entering the victors in the combat, until Daphne form of protection hardly known a chorus of a musical comedy and the takes command of a gun and rakes adventures which she enocunters their rigging with canister. The form the dramatic incidents of a tide of battle turns and the pirates shown as well as an interesting reel reward for Daphne's aid in saving And it is gratifying to also find illustrating the movements of the

### "THE SALAMANDER."

A five reel picture of Owen John-Oliver theater today and tomorrow. The story was first published in the was afterwards made into a picture Castor oil is now put up in a jel- and produced with an excellent cast. city to seek revenge on a wealthy This new compound on sale at man named Sassoon who has wrongand has her continue with the company. Later they are all entertained by Sassoon, and Dore then realires that she has met her enemy, and AVOID FOOT TROUBLES the leading lady of the company, who is really Sassoon's wife, also

your feet free of troubles? Mine battle against him, using her woman's weapons of beauty and seduc is shown in many interesting scenes. If your druggist can't supply Lindaberry, the manager of the

antiseptically clean. The regular size and Sunday "The Escape." also proformances are given each day, starting at I o'clock.

TODAY MUTUAL MASTERPIECE American Film Co. Presents

ARTHUR MAUDE -and-

CONSTANCE CRAWLEY --in--"REVELATION"

Based Upon the Great Sud-

ermann's Heimat in Five Powerful Acts. -Also-

"THE LION HEARTED CHIEF" Comedy.

—TOMORROW— Metro Picture Presents EMILY STEVENS in "THE HOUSE OF TEARS"



WILLIAM FOX THE LOWATION WILLIAM FOX PRESENTS "A MODERN TRHELMA" WITH VIVIAN

MARTIN AND HARRY HILLIARD, AUDITORIUM WEDNESDAY.

the ship of the king. On the soil

of Louisiana they are married by a

French priest after Phillip has over-

chased Daphne for his wife. "His

Tomorrow William Fox will pre-

Dr. A. R. Messick has removed his

office into suite 401, Farmers' Secut-

Martin in a five act play, "A Mod-

AT THE AUDITORIUM.

The days when pirate crews roamful errands, are said to be faithfully Fride and Shame," a two reel Keyn the new Griffith Fine Arts play, ling, is also on the bill, Daphne and the Pirate," which is being shown at the Auditorium to- sent that popular little player Vivian

The play takes its name from the ern Thelma." leading character, played by Lillian her snubs he had kidnaped her

# "IN A CLASS BY ITSELF

GROUND FLOOR - SAFE- CONVENIENT Robert Edeson

The Paramount star of recognized dramatic abilitý, in a modern

"FOR A WOMAN'S FAIR NAME"

Mr. Edeson is recalled for his excellent work in such dramas as "Strongheart," "Fine Feathers" and other modern dramas. In the present picture he plays the part of a friend of a family, involved in a notorious scandal, a woman's life being saved through his beroic efforts.

On the same program will be seen a Pathe scenic feature il-Justrating rustic Venice, an edacational reel, "How Flowers Bloom," and a Bray cartoon.

WEDNESDAY - Captivating HAZEL DAWN, the blonde beauty of the films, in "THE SALESLADY," a story or department store and stage life. NOTE: - "THE HEART OF PAULA" Song Now Ready-Come In for Yours.

Regular Admission-Matinees all seats 10c. Evenings, Sunlays and Holidays, 10c and 15c. Matinees Weekday, Balcony 5c. Coupon Books (good for any seat at any time) 10 tickets for

ORGAN.

HEAR THE LASALLE PIPE

OMAHA, Neb., April 25. - With

CUMMINS LEADS FORD

Nebraska Count Shows Manufac-

turer 1,300 Behind,

the count of the vote cast at the recent state preferential primaries nearly complete, Sen. Albert B. lummins of Iowa was Monday night leading Henry Ford of Detroit for the republican presidential nomination by 1,300 votes, GOOD FOR COLDS.

Honey. Pine-Tar and Glycerine are ecognized cold remedies. In Dr. lell's Pine-Tar-Honey these are com ined with other cough medicine in pleasant syrup. Dr. Bell's Pinear-Honey quickly stops your cough, hecks your cold, soothes irritation f the throat. Excellent for young and aged. Its one of the best cough yrups made. Formula on every botle. You know just what you are aking and your doctor knows its ood for coughe and colds. Insist on Or. Bell's Pine-Tar-Honey. Only 25c t druggists. - Advt.

Read NEWS-TIMES Want Ads

## KEITH'S SUPREME VAUDEVILLE ME

** ** **	
HOMER LIND & CO, "The Singing Teacher"	MAT'S
THOSE FRENCH	10c
GIRLS	15c
Singing and Dancing.	_
O'NEIL &	EVE'S
WALMSLEY	FAFO
Two Lightning Bugs.	10c
SHARP & TUREK	15c
Blackface Comedians.	25c
MAROU	230

# NOW PLAYING

Shadowgraphist.

THURS,-"LITTLE MISS MIX-UP," Musical Comedy Tabloid.

## AUDITORIUM TODAY

THE FINE ARTS FILM COMPANY PRESENTS



The Play Giving a Thrilling and Reliable Portrayal of the Days When Girls Were Seized in France for Sale As Wives to Propertied Bach-

> elors in Louisiana. ----ALSO----

## "HIS PRIDE AND SHAME"

A Two Reel Keystone Comedy Featuring FRED STERLING

> TOMORROW-FOX DAY. William Fox Presents

With VIVIAN MARTIN and HARRY HILLIARD.

----Also----

Performances A WONDERFUL PHOTOPLAY BY OWEN JOHNSON.

Thursday "T Friday

STARTING DAILY AT 1:30. PRICES—BALCONY 5c; LOWER FLOOR, 10c

## Appendicitis

The important thing to be done in Appendicitis is to stop the inflammation.

If this can be done before pus forms in the appendix the patient gets well.

Ion-o-lex stops inflammation. It does it unfailingly—quickly. It has

saved hundreds of appendicitis victims from the surgeon's knife.

The experience of a prominent professional man in Detroit is typical. He writes:

"Detroit, Dec. 3, 1915.

"I had 3 attacks of Appendicitis within 6 weeks, the last one coming on 3 weeks ago about 11 o'clock at night. The next day at noon my temperature was 101.5 and my physician ordered an operation.

"I grew steadily worse. At 5 o'clock my temperature was 102.7. My friends urged me to try Ion-o-lex. I consented, using both the liquid and the Unquent.

"Next morning to my amazement my temperature was normal and the pain and soreness were all gone. At

office together with hundreds of others equally con-

The original of this letter is on file at the Ion-o-lex

noon I was back in my office attending to my professional

duties. There has been absolutely no return of tem-

"There is no question as to the nature of the disease.

Two physicians diagnosed it, and both ordered an op-

vincing and amazing. Ion-o-lex is not a quack medicine. It is a remarkable scientific discovery. It is not a drug-contains no narcotics or opiates and is as harmless and tasteless as

olive oil. Its action is entirely mechanical. It does not cure-it simply stops inflammation. Nature does the rest.

It is invaluable in such diseases as Bronchitis, Tonsilitis, Pneumonia, Catarrh, Sore Throat, Croup, most forms of Rheumatism, and any other disease that is of an inflammatory nature. It also stops the pain almost instantly in burns, prevents inflammation in \*wounds. No home is safe a day without it.

Ion-o-lex comes in two forms-liquid for internal use and Ion-o-lex Unguent for external use.

Write for the Ion-o-lex Book telling the

perature or pair.

full story of this remarkable discovery. THE ION-O-LEX COMPANY, Detroit, Michigan



## THE BATTLE OF THE STRONG



No change of faces from time to time my announcement. Same Doctor. You know who is responsible for your cure, The only Exclusive Men's Specialist in town who sees, examines and treats you personally and is permanently located

Not a Medical Company. No Hired Doctors See, Examine or

Treat You.

Science wins over disease and nervus decline No need to suffer and "doctor" the old way." Don't let doctors drag you along for months. Come and investigate for yourself the advances I have made, and how little it costs to get well.

Life's a battle of strong men. And the man who is strong in mind, body and nerves is the man who wins. Now we're going to put you some negative questions. You don't have any of the following symptoms—do you?

You don't feel weak-nervous-languid-tired?

You haven't lost your vim, vigor, joy of living? You don't feel a lack of ambition, lack of endurance, and you don't see other men passing you in life's race?

You don't have a poor, or variable appetite?

You don't become easily cross, blue, irritable and discouraged? You don't have indigestion, dyspepsia, belching of wind,

dull, heavy head, a general dispirited teeling You are not sleepless and restless at night? Your brain doesn't tire easily and you don't feel drowsy and sleepy dur-

You don't suffer from nervous prostration, with numbness, trembling, cold teet and legs, prickling sensation, weakness and intense weariness?

You haven't any chronic or wasting disease-haven't been overworked-are not worried or anxious? You haven't got a failing memory, nor lost faith in your-

self-you are not demoralized? You are not timid, melancholy, suspicious, stupid at times? You don't have palpitation of the heart specks before the eyes - pain in the back and kidneys - bad taste in the mouth -

to win in the battle of the strong, because you are a strong man. But if you have ANY of these symptoms, you are in a losing game. Slowly, gradually you are being forced back in the battle

If you have NONE of these symptoms you stand a good chance

Brace up! Have courage! Come and see me and let me help you to win back health and strength! I am a Specialist in Private, Nervous and Chronic Diseases of men. You can consult me without put-

ting vourself under any obligation. BETTER BE SAFE FIRST THAN SORRY LATER. My offices are the most Expensive and Scientifically equipped of any Exclusive Men's Specialist office & South Bend. I also use up-tothe-minute LABORATORY METHODS in diagnosing obscure

cases. NO GUESS WORK. I no longer say what "I can do." but what "I HAVE DONE." I have helped thousands of men in all walks of life to arise to their very best-why not you?

Over 21 years a physician; 16 years a Specialist, as my Post Graduate work and clinical experience attest. I am not a "so-called," "make believe" or "Phoney" Specialist. Don't let false pride or money matters keep you from getting well, as I have a system by which you can

begin treatment and pay as you can. Everything confidential. I AM THE POOR MAN'S DOCTOR AND No Knife. No Pain, Loss of Blood or Detention from Business. No Publicity. Medicine furnished.

EXPERIENCE is what counts in curing these SPECIAL DISEASES, and as I have had more than 16 years' experience in curing men's diseases, you will readily understand why I am successful. Remember. that you are not asked to pay for any experiments or any failures. If your case will not yield to my treatment, I can ascertain that at the first examination, and will frankly tell you so, and give you advice how to take care of yourself.

NEWLY CONTRACTED DISEASES QUICKLY CURED. Don't wait until nature gives way and the disease disorganizes important organs and nerves. STOP THE LEAK NOW. Thousands of men have been wrecked on the rocks of vice, ignorance and neglect. If you are afflicted with any Acute, Chronic, Nervous, Blood or Contracted Diseases, Stomach, Liver, Rheumatism, Varicocele, Prostate Enlargement, Stricture, Hydrocele, Kidney, Bladder, Urinary, Rectal Disorders or any other Weakness. Defect or Disease of the Pelvic Organs, visit me today. If your case is curable I can relieve it quickly and permanently restore you.

EXAMINATION AND CONSULTATION FREE,

Men Privately Located Offices-211 S. Main St., Opposite Post Office, Over McDonzid's Photograph Gallery,

> South Bend, Ind. Hours-9 to 12, 1 to 4 and 6:30 to 8 Daily. Sunday 9 to 12.